

SC AHEC

A Happy Collaboration between Health Professions Student Programs and Continuing Education: Saying Thank You to Preceptors

By Susan Kyzer, HPS Coordinator and Ann Griffith, Education Consultant, Upstate AHEC

In the state of South Carolina there are hidden treasures. In every county, medical and allied health practitioners take time from their busy schedules to teach the next generation of health care providers. The knowledge they represent is vast and their willingness to share their expertise is a treasure to be valued by all involved. Preceptors out in "real life" practice give students the hands-on experience they need to become competent. Community preceptors are an irreplaceable adjunct to the formal education received at our various colleges and universities. Preceptors serve as role models

and teach students not just the science of health care but the "heart and soul" of patient care.

Upstate AHEC Health Professions Student Coordinators act as liaisons between academia and the community preceptors. HPS Coordinators are out in the rural communities visiting students and observing first-hand the wonderful work done by community preceptors. For that reason, the Upstate AHEC staff began discussing ways to let preceptors know how much they are appreciated. One idea that emerged was to give coupons for free CE programs to the students that rotate into the area and to their preceptors. This allows preceptors to get something they need, continuing education, while they provide something Upstate AHEC and students need, knowledgeable preceptors. In addition, the "life-long learning" concept is modeled by the preceptor and the student is introduced to AHEC quality education programs. What a great way to acknowledge preceptors and say thank-you!

Recently, Amanda George, a physical therapy preceptor at Mary Black Hospital and her precepting P.T. student, Tonya (T.K.) Birchmore, used their coupons to attend a continuing education offering. The Upstate

AHEC CE Program in collaboration with Laurens County Health care System presented "*Spanish Directives: Medical Spanish for Health Care Professionals*" on February 12, 2004. This one-day, interactive CE program was held at the Laurens facility and designed to instruct rural health care providers how to communicate with and determine medical problems of their Spanish-speaking patients. Participants were taught basic Hispanic culture, greetings, introductions, courtesies, and Spanish words most commonly used in life-threatening situations.

At the conclusion of this instruction, the attendees demonstrated basic Spanish commands needed to obtain the Spanish-speaking patients'

physicals and histories. The *Spanish Directives*' participants are now able to deliver a better quality of health care using the Spanish language to assess their patients' medical conditions and evaluate pain.

This is what Amanda George had to say about the experience:

"Considering the current trends of downsizing and the limitations of financial obligations facing many health care corporations, I was pleasantly surprised when my student and I received a voucher to attend an

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SOUTH CAROLINA AHEC
Excellence In Health Care Through Education

ONNNECTS



Fall
2004



19th Annual Practice Opportunities Fair & 15th Annual Family Medicine Interest Day a Success Despite Near-Visit by Hurricane Charley

By Becky Seignious, Director of Recruitment and Retention Programs

The SC AHEC's 19th Annual Practice Opportunities Fair was held on August 14, 2004 at The Embassy Suites in Columbia, SC. Since 1986, the SC AHEC Recruitment and Retention Programs have offered a Practice Opportunities Fair in South Carolina. The Practice Opportunities Fair is designed to help medical residents identify practice opportunities in South Carolina. The Fair brings together primary care and specialty physicians, community leaders, hospital recruiters, community health centers, practicing physicians and others to provide an open exchange of career opportunities and career options.

This year's Fair attracted 59 residents and 50 recruiters representing 24 hospitals, community health centers and physicians. Over 300 physicians have been recruited as a direct result of the AHEC Practice Opportunities Fair. Residents described the Fair as a wonderful opportunity to meet prospective employers/ practice groups and one resident exclaimed, "We are very thankful for the opportunity. I found a job."

The Fair allows residents in teaching programs throughout South Carolina, and former graduates of the Medical University of South Carolina (MUSC) and the University of South Carolina (USC) School of Medicine who pursued residency training outside of South Carolina, to network with health care organizations within the state.



Residents Gather Information at Booths

In conjunction with the AHEC Practice Opportunities Fair, the Family Medicine Interest Day was also held at The Embassy Suites Hotel on August 14. The Family Medicine Interest Day was initiated in 1990 to promote the specialty of

family medicine as a career option and to recruit medical students into the SC AHEC's Family Medicine Residency Training Programs. Medical students had the opportunity to meet and talk with family medicine residency training program directors and their residents.

This year's Interest Day attracted 68 medical students from MUSC, USC, and eight out-of-state medical schools representing five states including Alabama, Arkansas, Georgia, Kentucky, and North Carolina. These medical students participated in six hands-on workshops conducted by South Carolina's Family Medicine Residency Training Programs' Directors and faculty. In the evening, a Residency Fair was held which included the eight Family Medicine Programs in South Carolina and the out-of-state residency programs who presented their respective residency programs to the students.



Medical Students Practice Placing Central Lines in a Team Setting

"This was an awesome experience...it really opened my eyes to the diversity of Family Medicine", explained a medical student.

This event is a joint venture between the SC AHEC, the SC Family Practice Residency Programs and the SC Academy of Family Physicians.

Medical Student at Woodland Way
Excerpt from the *Fairplay Town Crier*

Ed Kimlin, third year medical student arrived July 12 at Woodland Way to do his 8 week Rural Family Medicine rotation. Ed recently transferred from Tulane University to attend MUSC in Charleston. He and his wife Laura will be staying in Seneca during their time in the Upstate.

While Ed is at the clinic, he will be involved in direct patient care and hospital rotations under the guidance of his preceptor Dr. Kenneth Becker. Ed is also working on a community project through his Upstate AHEC coordinator Cynthia Glister. His project will address issues around nutrient intake and a healthy lifestyle for Dr. Becker's patients.

Ed Kimlin was pleased by the warm reception after the above article appeared in the Fairplay Town Crier. "It was great the patients knew who I was when they came in", explains Kimlin. It made them feel more comfortable with me and I was more relaxed with them."

National Commission Recognizes Medical University of South Carolina Library for Hands On Health-SC Web Site

The Medical University of South Carolina Library has been selected to receive the 2004 NCLIS Blue Ribbon Consumer Health Information Recognition Award for Libraries for its Hands on Health-South Carolina project. NCLIS, the US National Commission on Libraries and Information Science, has recognized outstanding libraries in 37 states for their contributions to health awareness and health education. A special task force of NCLIS commissioners judged the programs and selected the winners on the basis of potential impact, innovativeness and replicability.

Hands On Health - South Carolina (www.hands-on-health-sc.org) is a public Web site, freely accessible to all. Its goal is to promote healthier citizens and healthier communities. Designed to serve the consumer and community health information needs of South Carolinians, Hands on Health-SC pays special attention to health issues of particular importance

to South Carolina's citizens. Diabetes, hypertension, heart disease, stroke, disabilities, nutrition, family violence and cancer are featured.

South Carolina State Librarian Jim Johnson noted, "The project supports the health and wellness of all 4 million citizens of the State of SC, but targets particularly SC's underserved and vulnerable citizens, especially minority and rural populations. The information is designed to inform people of all age groups, reading abilities and education levels. It is organized for the layman's inquiry, not the way the science of medicine is organized."

South Carolina AHEC has been a collaborator with the Hands On Health-SC staff. Visitors to the site can find out more about SC AHEC as a resource in South Carolina.

MUSC Distinguished Alumnus Awards Go to Long-Time SC AHEC Leaders

Dr. William Hester and Dr. C. Dayton Riddle, Jr. were awarded the 2004 Distinguished Alumnus Award by the Medical Alumni Association of the Medical University of South Carolina on March 26, 2004. This annual award is given to two individuals who have demonstrated pride and loyalty towards the Medical University of South Carolina (MUSC) and who, by his or her integrity and stature, have brought honor to the University and will be a continuing role model for persons in all aspects of medicine.

Dr. Hester is the Director of Medical Education, and the Family Medicine Residency Director at McLeod Regional Medical Center in Florence. Since 1980, he has helped the McLeod program grow and reach regional acclaim. Over 40% of Dr. Hester's graduates stay in the Pee Dee area of South Carolina.

Dr. Riddle is a Professor Emeritus in the Greenville Hospital System. He previously served a two-year term as the Vice President for Medical Education and was Chairman of the Orthopedic Residency Training Program for 22 years before stepping down in February, 2001. During his years of service as an orthopedic surgeon and instructor in Greenville, his reputation as an outstanding mentor has translated into the astonishing statistic that two-thirds of all practicing orthopedists in a 20-mile radius around Greenville were trained under his direction.

Both alumni continue to serve their communities and the residency programs of South Carolina with great success.



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AHEC continuing education class. In anticipation of a growing Hispanic population, we (Amanda and her PT student) chose to attend "Spanish Directives: Survival Medical Spanish For Health Care Professionals." After attending this class, I feel much more confident in my abilities to provide quality care to this population. Thank you for providing such a valuable learning experience," Amanda George, PT Preceptor.

Another "win-win" solution for all because Upstate AHEC service programs work together to link academics to health care outcomes, health care providers increase their competencies in health care delivery, and Spanish-speaking patients and their families obtain quality health care. This project exemplifies just one more way Upstate AHEC seeks to provide "Excellence in Healthcare through Education".

SC AHEC Bioterrorism Training Network Kicks Off Year Two Activities with All-Star Team of Coordinators

Lowcountry AHEC's Newest Coordinator No "Burden"



Barbara Burden, MA is Lowcountry AHEC's Bioterrorism Training Coordinator. She is a licensed Medical Technologist and has worked for many years as a Medical Technologist and Instructor in hospitals and private laboratories. Barbara spent three years working at the University of Hawaii in lung cancer research. She is also a Licensed Professional Counselor and a National Certified Counselor with the majority of her work in psychiatric hospitals and private practice. Since joining Lowcountry AHEC 10 months ago, Barbara has surpassed all expectations. She has coordinated over 40 programs throughout the 12 county Lowcountry AHEC service area. During that time, over 1300 Lowcountry health professionals have been educated on bioterrorism awareness. In addition, all of the seven community health centers and the hospitals in the Lowcountry AHEC service area have held programs. Lowcountry AHEC has found a true gem in Barbara and is looking forward to another productive year in 2005!



Emergency Department of the Greenville Hospital System and has taught classes for the Upstate EMS Council since 1986. She has been a valued continuing education instructor for Upstate AHEC for more than a decade before taking on her newest assignment as Bioterrorism Training Coordinator. In addition to her extensive professional accomplishments, Karin and her husband, Matthew, are the proud, and busy parents of seven children.

A "Fine" Addition to Pee Dee AHEC



Kimberly Fine, RN, BSN, recently joined Pee Dee AHEC as the Bioterrorism Training Coordinator. Prior to her arrival at Pee Dee AHEC, Kimberly served as the Director of Staff Development and Patient Education for Loris Healthcare System. She has been an active member of the Carolina's Society of Healthcare Educators & Trainers, the South Carolina Hospital Association of Educators, and the Association of Pre-Operative Registered Nurses. Kimberly is a Certified Legal Nurse Consultant and a Certified Instructor with the SC Heart Association. She earned an Associate Degree in Nursing from Southeastern Community College and a Bachelor of Science Degree in Nursing from the University of South Carolina Spartanburg. Kimberly and her husband, Mike, live in Longs, SC, with their precious two year old son.

Upstate AHEC's Karin Collom Changes Focus



Karin Collom, RN, MEd, EMT-P, is a highly qualified member of the Upstate AHEC team. Karin earned her Emergency Medical Technician designation from Appalachian State University, an Associate Degree in Nursing from Greenville Technical College, a Bachelor of Science Degree in Health Education from the University of South Carolina, and a Master of Arts and Education Degree, with an emphasis in Sports Medicine, from Furman University. Karin is also a licensed Paramedic.

Karin has worked as a nurse in the

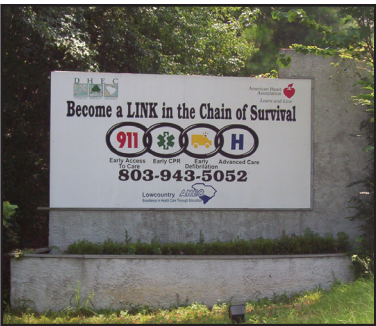


Mid-Carolina's new BT Coordinator, Kevin Kirkwood, is a graduate of the University of California San Diego. As an active-duty US Navy Hospital Corpsman during the 1991 Operation Desert Shield/Storm, he received extensive medical training in nuclear, biological and chemical warfare in support of a small urban guerilla warfare unit. In addition, Kevin brings sales and marketing experience to the Mid-Carolina AHEC team through his experience as the Corporate Sales Representative for Taylor Made/Adidas Golf. Most recently, Kevin was Chairman of the Marketing & Recruitment Committee for READ/San Diego, a non-profit adult literacy program. His talents are well suited to the Bioterrorism Training initiatives at Mid-Carolina AHEC.

Healthy Hearts: Reducing Cardiovascular Mortality in Hampton County

By Emily Warren, LMSW, Lowcountry AHEC

Hampton County's standard mortality rate is 32 percent higher than the standard mortality rate for heart disease in South Carolina. With this in mind, Lowcountry Public Health District (DHEC), Lowcountry AHEC, schools, churches, and other agencies are combining resources to improve cardiovascular health in Hampton County by implementing broad-based



primary and secondary prevention activities. The activities that were selected are increasing public awareness of the signs and symptoms of cardiovascular disease, expanding cardiovascular related screenings/ referrals in the faith community, assessing the cardiovascular emergency response/treatment system, and developing a cardiovascular health system of coordinated care.

Diane Kennedy, Emily Warren, Landis Williams, and Tavy Smalls are working toward the goal of increasing awareness of the signs and symptoms of cardiovascular disease. Diane and Emily are involved with the countywide social marketing campaign, which includes billboards, radio PSAs, newspaper articles, posters, flyers and postcards. Health professions students are assisting with this aspect as well. Recently, South Carolina Rural Interdisciplinary Program of Training (SCRIPT) students educated the community about cardiovascular disease by disseminating educational information and participating in food demonstrations at the Hampton County Farmers Market.

Tavy Small's Wade Hampton High School Health Careers Club will be assisting with the social marketing campaign by distributing the posters and flyers to churches and schools. In addition, the club students will be trained in CPR.

Landis Williams has been busy coordinating free CPR with AED classes in the faith community. Since



SCRIPT Students at Hampton

November, there have been 11 classes and approximately 79 non-medical people trained.

Several of Emily Warren's Family Medicine/Rural Clerkship students have worked with the SC DHEC liaison to conduct an assessment of the cardiovascular emergency response and treatment system in Hampton County. One of the students focused on the training and equipment needs of the EMS system and the other student focused on identifying gaps in the infrastructure. SC DHEC will be sharing the results of the students' work statewide.

Lowcountry AHEC will continue with the social marketing campaign, conducting free CPR with AED training, and will be assisting with teaching blood pressure measurement in the community. Stay tuned for more on decreasing Cardiovascular Mortality in Hampton County!

HC Tracker is Coming

SC AHEC recently purchased HC Tracker™, Comquip, Inc.'s information management system. This system will allow SC AHEC to record and report the experiences, status and demographics of program participants. There are four main divisions in HC Tracker: Contact Management, Program Management, Rotation Management and Job Placement. These divisions are supported by two segments containing basic information about "people" and "sites." HC Tracker was developed based on the AHEC Track® product that has been successfully used by several AHEC's across the country.

The power and flexibility of HC Tracker will allow SC AHEC to take advantage of a centralized database to track significant people and events. The central database will be housed at the program office, but will be accessible from each center. Data will be entered and extracted directly from the central database eliminating the need for centers to copy files to disks and upload files to local systems.

The target for full implementation of HC Tracker is January 2005. A group of "Super Users" has been identified from each center and will begin training in October. The hardware and software installation is in process.

Fran Lee will be leading the installation of HC Tracker. She can be reached at leefw@muscedu or by phone at (843) 792-4494 or (843) 792-7529.



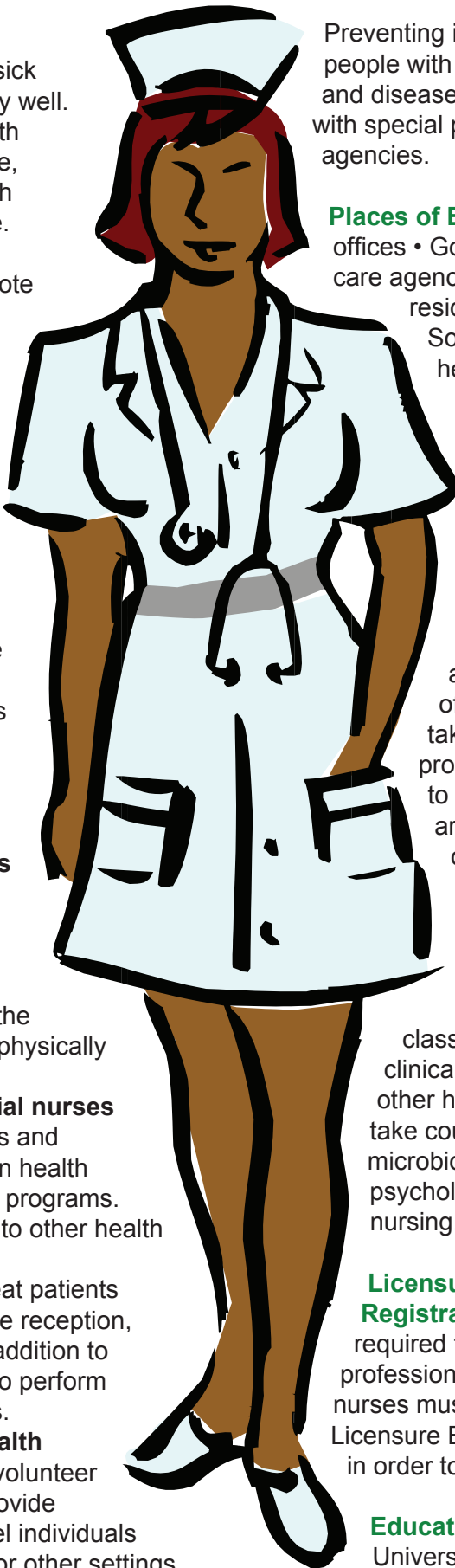
Health Professional Career Profile

Registered Nurses

Registered nurses care for the sick and injured and help people stay well. They are typically concerned with the whole person, providing care, treatment, counseling and health education to ill or injured people. They also provide education to individuals and families to promote health and to prevent injury and illness. They monitor their patients' conditions, give them medications and treatments prescribed by a physician and communicate with the doctor and other members of the health care team. Nurses direct and supervise nursing support personnel. Nurses may work in a certain specialty area such as intensive care, surgery or obstetrics with special populations such as children, the elderly or persons with disabilities.

Areas of Specialization

- **Acute staff registered nurses** may specialize in many acute care settings such as maternal/child, orthopedics, cardiac, neurological or the operating room. They work with children, the elderly, the chronically ill or the physically or mentally challenged.
- **Occupational health/industrial nurses** usually treat job-related ailments and injuries. They may be involved in health promotion and employee safety programs. They also may refer individuals to other health care providers.
- **Office nurses** care for and treat patients in office settings. They may have reception, clerical and inventory duties in addition to regular nursing duties. They also perform laboratory tests and take X-rays.
- **Public health/community health nurses** work in government or volunteer public health agencies. They provide care and they teach and counsel individuals at home, work, schools, clinics or other settings.



Preventing illness is emphasized by providing people with instruction in health maintenance and disease prevention. They refer patients with special problems to appropriate community agencies.

Places of Employment • Clinics • Doctors' offices • Government agencies • Home health care agencies • Hospitals • Nursing homes & residential care agencies • Schools • Social service agencies • Temporary help agencies

Educational Preparation

There are three major educational paths to nursing: associate degree in nursing (A.D.N.), Bachelor of Science in Nursing (B.S.N.) and diploma. A.D.N. programs offered by community and junior colleges take about two years. B.S.N. programs offered by colleges and universities take four or five years and diploma programs given in hospitals last two to three years. Many career paths are open to nurses with bachelor's or advanced degrees. A bachelor's degree is usually necessary for administrative positions and is a prerequisite for admission to graduate nursing programs. Nursing education includes classroom instruction and supervised clinical experience in hospitals and other health care facilities. Students take courses in anatomy, physiology, microbiology, chemistry, nutrition, psychology, other behavioral sciences and nursing.

Licensure, Certification and Registration Registered nurses are required to complete an accredited professional nursing program. Registered nurses must pass the National Council Licensure Examination for Registered Nurses in order to work in their profession.

Educational Programs • Bob Jones University, Greenville • Central Carolina

Technical College, Sumter • Charleston Southern University, Charleston • Clemson University, Clemson • Florence Darlington Technical College, Florence • Fred P. Hamilton Career Center, Seneca • Greenville Technical College, Greenville • Horry Georgetown Technical College, Conway • Lander University, Greenwood • Medical University of South Carolina, Charleston • Midlands Technical College, Columbia • Orangeburg Calhoun Technical College, Orangeburg • Piedmont Technical College, Greenwood • South Carolina State University, Orangeburg • Technical College of the Lowcountry, Beaufort • Tri-County Technical College, Pendleton • Trident Technical College, Charleston • University of South Carolina, Aiken • University of South Carolina, Columbia • University of South Carolina, Lancaster • University of South Carolina, Spartanburg • York Technical College, Rock Hill

Professional Organizations • American Nurses Association, Washington, D.C. 202-651-7000 • American Association of Colleges of Nursing, Washington, D.C. • National League for Nursing, New York, NY • South Carolina Nurses Association Columbia, SC 803-252-4781

Eboni Herbet & Traci Mitchem: Success Stories

What are two excellent examples of SC AHEC success stories? For the SC AHEC Student Development & Diversity Program, it starts with students who explore health careers in middle and high school, complete health professions training programs and gain employment as practicing professionals in the state of South Carolina.

As a 2004 graduate of the University of South Carolina, Eboni Herbert, RN is a SC AHEC success story. Eboni joined the Greenville Chapter of the SC AHEC Association of Future Health Professionals while a sophomore enrolled in the International Baccalaureate (IB) Program at Southside High School. "Participating in the SC AHEC program has been one of the most rewarding experiences I've had in pursuing my BSN degree", stated Eboni Herbert.

Eboni entered the Association in the late 90's with desires to become a physician, "but SC AHEC opened my eyes to careers in nursing." She credits her participation in the SC AHEC Student Development & Diversity Program activities and work experiences with providing a basis for her successful completion of the BSN program.

Eboni passed the National Council Licensure Examination for Registered Nurses and has been

employed by the Greenville Hospital System (GHS) since June of this year. It has been interesting for Eboni to return to the GHS Emergency Room where it all began for her with a shadowing experience through SC AHEC.

Her plans do not stop in the Emergency Room. After gaining full-time, practical experience, she intends to pursue her dream of becoming a family nurse practitioner with the achievement of a Masters Degree in Nursing.

Traci Mitchem, RN, is a role model for Eboni Herbert and many others across South Carolina as she pursues a MSN degree at the University of South Carolina. "Participation in the SC AHEC program gave me a great advantage over my fellow nursing students because I was given the golden opportunity during my adolescent years to experience what being a health care professional would entail," she states.

Traci joined the Association as a student at Lower Richland High School in Columbia. After gaining experience, she has chosen to continue her education within the profession of nursing even after her anticipated December 2005 graduation from USC. "Receiving instruction on the importance of responsibility while preparing for entrance into the health workforce has assisted me in deciding to pursue a career as a registered nurse."



Eboni Herbert at Work on the Trauma ICU Floor



Summer Fun & Learning for Future Health Professionals

By Angelica Williams, Director of Student Development & Diversity Programs and Selena Henderson, Upstate AHEC

The 2004 Summer Enrichment Program kicked off June 15-18 with the Future Health Professionals Summer Institute at the University of South Carolina (USC) in Columbia. This is the 5th annual Summer Institute and is a component of the Student Development & Diversity Program's annual Summer Enrichment Program.

The Institute provided an intensive opportunity for 130 students from across the state to explore health care professions. Students toured a number of health care education departments and interacted with medical school faculty and students from USC. Participants had several opportunities to learn practical health care skills such as IV insertions, first aid, CPR, suturing and vital signs.

The Institute is geared towards minority and disadvantaged students in middle and high schools and is designed to encourage their pursuit in health careers. Emphasis is placed on the investigation of health disparities and the role of health professionals in the management of diseases. Additional focus is placed on career and academic road mapping. "The Summer

Institute has helped me prepare for college and it has given me a little experience of what college courses are like," said Teesha Truesdale of Westside High School in Anderson.

The 2004 Institute highlighted 24 health professions through the assistance of practicing professionals, health professions students, technical colleges, South Carolina State University (SCSU), and the major research institutions of South Carolina, USC, Clemson and MUSC. Educators facilitated fun-filled learning sessions designed to increase the participants' knowledge and comfort level in the subjects of math, writing, research, test taking and employment skills.

"I enjoyed all the different speakers we had. The information helped me weed out things I might want to do and things I know for sure I wouldn't want to do", said Lauren Brewer, winner of the forensics competition. "And in the middle of all the learning, I had a lot of fun and met some wonderful people".

This year, an additional track was added that allowed students interested in nursing to attend the week-long Institute as part of a two-week Pre-Nursing Academy. In collaboration with SC AHEC, REACH 2010, and Project EXPORT at MUSC, the

Pre-Nursing Academy works with undergraduate pre-nursing students in an effort to increase the retention



and graduation rates of minority and disadvantaged students. Facilitated by the faculty of MUSC, USC, Clemson and SCSU, Academy Fellows were introduced to basic nursing concepts and academic requirements. Fellows also investigated the disparate prevalence of diabetes and metabolic syndrome among African-Americans in South Carolina.

Following the introductory session at the Summer Institute, ten Fellows of the Pre-Nursing Academy participated in the second week of Academy activities on the MUSC campus.

A culminating highlight of the Institute is the Recognition and Networking Banquet. This year's featured speaker, Dr. Sabra Slaughter, assisted in awarding the inaugural presentation of the Sabra C. Slaughter, Ph.D. Humanitarian Award, named in his honor, to Maurice Miller of Moore, SC, and Dannis Brown of Aiken, SC. These outstanding students received the award based on their completion of a minimum of 100 hours of community service within the past year.

Following the Institute, the regional AHEC centers provided academic enrichment and internship opportunities for 103 members of the Association.



presented their research on medical ethics issues including Child Abuse, Abortion, Capital Punishment, Patients' Rights, HIV/AIDS and Artificial Insemination. Students from Laurens and McCormick evaluated Laurens County Healthcare System's methods for preventing and treating the top ten causes of death against data from hospital systems across the country. They then presented their findings to key staff members at Laurens County Healthcare System. Participants also completed several hours of volunteer time at Laurens County Hospital and Anderson Area Medical Center.

Upstate AHEC feels confident that its goals of encouraging students to pursue careers in health care have been met. "The Summer Enrichment Program is vital for encouraging these students to reach their full potential in the health care field," said Selena Henderson, SDDP Coordinator for Upstate AHEC. "I have no doubt that we will be seeing 20 new health care professionals in a few years as a result of this program."

The 2004 Summer Enrichment Program ended with a closing ceremony on July 28. The students shared their community projects, discussed what they learned throughout the program, and prepared for another year of academic achievement.

2004 Future Health Professionals Award Recipients:

SC AHEC Student of the Year
Jason L. Williams, Mid-Carolina AHEC
Richland Northeast High School – Junior

Essay
Jason L. Williams, Mid-Carolina AHEC
Richland Northeast High School – Junior

Poster
Lanzer L. Ligon, Upstate AHEC
Laurens District 55 High School – Junior

Human Resources
Gayle L. Rivers, Mid-Carolina AHEC



Richland Northeast High 2004 Graduate
Florida A & M – Freshman

Forensics
Lauren N. Brewer, Upstate AHEC
T. L. Hanna High School – Junior

AHEC Jeopardy
Monique D. Clyburn, Mid-Carolina AHEC
Camden High School – Junior

Talent Competition
Terence O. Holland, Upstate AHEC
Laurens District 55 High School – Junior

Sabra C. Slaughter Humanitarian Award
Maurice Miller, Moore SC
Dannis Brown, Aiken SC

The Upstate Way

Upstate AHEC's Summer Enrichment Program was a great success with the participation of 20 high school students and college freshmen. After the Summer Institute, Upstate AHEC students took a five-week Medical Ethics course at TriCounty Technical College and Piedmont Technical College. After completing the course, students were awarded a college credit. In addition to the Medical Ethics course, students attended professional development workshops each afternoon. Guest speakers from organizations such as AID Upstate, Health Communities, SHARE, and Greenville Technical College spoke on a variety of topics including public speaking, interviewing, forensic pathology, infectious disease, cardiology, and health administration.

A community service project provided the final component of Upstate AHEC's Summer Enrichment Program. Students from Anderson, Oconee and Pickens



In memory of Meisha Samuel, Pee Dee AHEC SDDP student, who departed from this life on August 16, 2004. Meisha was aspiring to become a Pediatrician and had participated in the Summer Institute (USC Columbia) and Summer Enrichment Work

Experience at Wilson Medical Center. She was to begin her studies at Francis Marion University in the Fall. Meisha will be greatly missed by all and the SC AHEC family extends sympathies to her family and friends.

On The Right Track:

SC AHEC would like to congratulate the following Future Health Professionals Association

members on completing the first step to becoming practicing professionals: high school graduation. We would also like

to applaud them on continuing to pursue their dreams by choosing to enroll in health professions-related programs as

they begin their college careers. Congratulations and good luck on your future endeavours!

Lowcountry

- Heather Peacock, Technical College of the Lowcountry, Nursing
- Avis Washington, Savannah State College, Nursing
- Lakeisha Jenkins, South Carolina State University, Nursing
- Lauren Carter, Trident Technical College, Transfer
- Tymyra Greene, South Carolina State University, Nursing
- Tiffany Vogt, South Carolina State University, Nursing
- Aysa Washington, South Carolina State University, Nursing
- Apphia Middleton, Coker College, Nursing
- Tamirez Smalls, South Carolina State University, Accounting
- Iva White / Education, South Carolina State University, Education
- Vernesha Brooks, Claflin University, Biology
- Nikki Smalls, Lander University, Nursing
- Toby Zahler, Trident Technical College, Nursing
- Porschia Rivers, USC-Salkahatchie, Biology
- Mary McCallister, The Citadel, Biology
- Laura Altman, Technical College of the Lowcountry, Nursing
- Brittany Riley, USC Aiken, Nursing
- Bridget Williams, Technical College of the Lowcountry, Nursing

Mid-Carolina AHEC

- Gayle Rivers, Florida A&M University, Pre-Pharmacy
- Clarissa Montgomery, Common Wealth University, Pre-Dentistry
- Lauren Jones, Florida A&M University, Veterinary Medicine
- Shellie Ryant, College of Charleston, Pre-Dentistry
- Tiffany Johnson, Claflin, Biology
- Portia Chatman, South Carolina State University, Nursing
- Lotoya Williams, South Carolina State University, Nursing
- Shameka Dwight, University of South Carolina Spartanburg, Nursing
- Melanie Robinson, University of Spartanburg, Nursing
- Edward Collier, University of South Carolina-Columbia, Pre-Medicine
- Jasmine Beasley, University of South Carolina, Biology
- Rena Walters, Claflin, Biology
- Latifah Lowman, Bloomfield University
- Faith Hammond, Midlands Technical College
- Brittany Harris, Clemson University

Pee Dee AHEC

- Allison Davis, Francis Marion University
- Angel Godbolt, Horry-Georgetown Technical College
- Alicia Cooper, Claflin University
- Erin Gaine, Spartanburg Methodist College
- Tiffany Brown, Winthrop University
- Hope Haithcock, Northeastern Technical College
- Samantha Giles, Claflin University
- Shemina Montgomery, Benedict College
- Jameda Green, South Carolina State University
- Amber Brunson, South Carolina State University
- Lakeisha Linder, Horry-Georgetown Technical College
- Jessica Wilson, Florence Darlington Technical College
- Crystal Hemingway, South Carolina State University
- Latoya Palmer, Allen University

Upstate AHEC

- Tanisha Cartledge, Clemson University, Nursing
- Kentrell Searles, Morehouse, Public Health Education
- Samantha McDonald, College of Charleston, Pre-Med
- Christina Roger, Furman University
- Maurice Miller, College of Charleston, Pre-Med
- Darius Norris, University of South Carolina Spartanburg
- Narciss Johnson, Clemson University, Nursing
- Kendra Hunter, South Carolina State University, Nursing
- Ra'sheena Parker, Charleston Southern University, Nursing
- Tangela Canty, Greenville Technical College, Radiology
- Jessica Harris, Clemson University, Nursing
- Felicia Wood, University of South Carolina Spartanburg, Nursing

Notables

- Marquitta Scott, Completed Freshman Year at College of Charleston
- Delilah Jackson, Junior at USC, has been accepted into the Pharmacy Program
- Melanie Cannon, Graduated from Xavier University, entered MHA Program, MUSC



SC AHEC Names 2004 Future Health Professional of the Year

The SC AHEC Student Development and Diversity Program has named Jason Williams as the 2004 Future Health Professional of the Year. Jason is a rising junior at Richland Northeast High School and an active member of the SC AHEC Mid-Carolina regional Association of Future Health Professionals. The SC AHEC Future Health Professional of the Year Award annually recognizes the exemplary academic preparation of a member of the SC AHEC Association of Future Health Professionals. Nominees must have been an active member of the program for a minimum of seven months; be a rising 11th or 12th grader or graduating high school senior; and possess a minimum of a 2.75 cumulative grade point average and 3.0 cumulative average in math and science.



The 2004 Student of the Year Award was presented at the SC AHEC Future Health Professionals Summer Institute held June 15-18, 2004, on the campus of the University of South Carolina. The Summer Institute provides an intensive opportunity for middle and high school students to explore health careers, enhance skills to promote academic excellence and professionalism, and explore opportunities in the pursuit of higher education.

2004 SUMMER INSTITUTE POEM:

The things I've learned, I will use
The knowledge that I gain will not be abused
There's something in the air
Because the coordinators do care
Expanding the mind of the youth
Providing open doors and booths
AHEC is all the help I'll need
Because they care about the child indeed
So I hope they stay in our community for a long time
So children like me can expand their mind

Written By Dorrisa Chandler, Mid-Carolina AHEC

Are you a SC AHEC Association of Future Health Professionals student who has graduated high school, completed college or obtained your professional degree?



We want to hear about your success and keep in touch!

Contact Paula Jones-Hamilton at jonespa@musc.edu or (843) 792-4443.



Building Partnerships in Upstate AHEC
By Melissa Blevins, RN, BSN, Upstate AHEC

Upstate AHEC has partnered with Greenville Sexual Trauma Center and Sexual Trauma & Counseling Center of Greenwood to sponsor two continuing education programs aimed at training registered nurses how to provide optimum medical care to victims of sexual assault. Sexual Assault Nurse Examiner (SANE), a comprehensive 4-day Forensic Nurse Training Seminar, was held in early March in Greenville where fifteen RNs from the Upstate were trained as SANE nurses. A shorter program, *Sexual Assault: A Medical Overview of Evidence Collection*, designed to educate RNs on how to collect evidence was held twice in Greenwood, SC in January. Both of these programs aim to improve evidence collection in emergency departments because better evidence collection and collaboration with local law enforcement can increase the odds of obtaining convictions against perpetrators of sexual assault. The SANE Training will be offered again on October 4-8, 2004 in Greenville, SC.

Another successful partnership for Upstate AHEC has been with the Clemson School of Nursing to provide clinical experiences for undergraduate senior level nursing students in Community Health. There were three projects woven through Upstate AHEC's core services to provide learning experiences for the undergraduate nursing students.

Through the Student Development & Diversity Program, Selena Henderson and students went into Crescent High School in Iva, SC to assist in implementing the "VERB: It's What You Do" campaign. VERB is an initiative aimed at getting tweens and teens more physically active. Students actively participated in teaching their peers how increased levels of physical activity and proper food choices can enhance their overall physical health.

Through HPS, a group of students worked with Cynthia Gilster to update patient education materials in local preceptor physician offices. The third group worked with Melissa Blevins in developing, implementing and distributing a public health emergency phone tree in Oconee County as part of ongoing training and response activities related to Bioterrorism.

Upstate AHEC has also partnered with the American Heart Association to bring increased awareness to American Heart Month in February. Barb Bancroft, a national speaker from Chicago, IL, presented, *Women and Cardiovascular Disease*, on February 11, 2004 to more than 110 participants at AnMed Health Campus in Anderson, SC. Margaret Cunningham from Pee Dee AHEC coordinated with Melissa Blevins of

Upstate AHEC to bring Barb Bancroft to South Carolina. By doing so, Upstate and Pee Dee AHEC's were able to share travel expenses and reduce costs while offering an exceptional national speaker in both areas of our state.

Community Connections Partners for Learning & Service Grant Expands Through the Lowcountry
By Emily Warren, LMSW, Lowcountry AHEC

Lowcountry AHEC is collaborating with faculty in the Department of Rehabilitation Sciences at the Medical University of South Carolina (MUSC) as they expand the areas being served by the Community Connections Partners for Learning & Service Grant. Eleven MUSC faculty members have active projects that provide community-based learning experiences for their students. Prior to the Fall of 2003, the bulk of these students' experience had been solely in the Charleston, Dorchester, and Berkeley county areas.

Lowcountry AHEC Coordinators Mary Cabaniss, Emily Warren and Landis Williams have successfully expanded four of the active projects established in the Charleston area into several rural counties in the Lowcountry. Thus far, 48 students have successfully provided community-based learning experiences in the rural and underserved areas of Allendale, Barnwell, Beaufort, Colleton, and Hampton counties. Rehabilitation students have been involved in providing educational interventions to multiple sclerosis support groups, educating youth on brain injury prevention, and conducting ergonomic evaluations in the industrial setting. In addition, Lowcountry AHEC has provided continuing education programs to practicing professionals including a program entitled, "Exercise Solutions for Individuals with Physical Disabilities", which was conducted in Colleton County.

Lowcountry AHEC Coordinators will continue collaborative efforts with three faculty members this Fall. Two continuing education programs, a train-the-trainer program focusing on Exercise Solutions for Individuals with Physical Disabilities and a Multiple Sclerosis program, are in the works. In addition, Mary and Emily will be arranging ergonomic evaluations in seven industrial settings in the Lowcountry region. For more information, contact Lowcountry AHEC at (803) 943-5052.

SC AHEC Additions & Partners

Kay Lambert Joins the Pee Dee Team



Kay Lambert, RN, BSN, is the new Allied Health Education Coordinator for Pee Dee AHEC. Ms. Lambert joined the SC AHEC team on Monday, August 30th. She is responsible for the planning, development,

implementation, and evaluation of the continuing education programs for allied health professionals in the twelve-county Pee Dee area.

Kay is originally from Dillon, SC. She earned her Bachelor of Science in Nursing from the University of South Carolina. Kay brings with her a wealth of knowledge and an even greater passion for education. She has over 20 years of experience in a variety of educational roles for both health care and academic settings.

Kay most recently served as the Coordinator of Education for Saint Eugene Medical Center in Dillon, SC. There she was responsible for staff, patient and community education.

In 1992, she was awarded the SC Hospital Association Creative Teaching Award for Educators, and in 2002, she was recognized as the SC Business and Career Woman of the Year.

Kay has a son, daughter, and most recently, her first granddaughter. You can reach Kay at 843-777-5352 or klambert@mcleodhealth.org.



Ragan DuBose, Newest Program Office Addition

Ragan DuBose is the newest member of the Program Office team. As Public Relations and Special Programs Coordinator for

SC AHEC, she is responsible for implementing communications and public relations strategies for the SC AHEC statewide system, assisting in the identification and submission of grant opportunities, and supporting the development

and production of SC AHEC educational programs. Ragan previously served as a program coordinator for the Public Information and Community Outreach Section of the Medical University of South Carolina Library where she worked on programs specific to minority health and environmental justice issues.

Ragan received her Bachelor of Arts in communications with an emphasis in media studies from the College of Charleston and a Master of Arts in media studies from The New College of California. She is a member of the Public Relations Society of America where she recently served as the Lowcountry Regional Director for the South Carolina chapter.

Since joining SC AHEC, Ragan has become a member of the NAO Communications Committee where she works on communication initiatives at the national level.

You can reach Ragan at 843-792-9429 or duboser@musc.edu.



Dr. Lewis McKelvey Leads USC's Experiential Education Initiatives

Dr. Lewis McKelvey joined the USC College of Pharmacy as the Director of Experiential Education in March, 2004. Since that time, he has been working with SC AHEC Health Professions Student

(HPS) Coordinators to familiarize himself with the work currently being done in South Carolina.

As the Director for Experiential Education, Dr. McKelvey recruits and retains preceptors for clerkship rotations primarily in South Carolina. He is responsible for 220 students with 750 different 4-week rotations.

His goal is to maximize opportunities to work with SC AHEC because the relationship is mutually beneficial. Dr. McKelvey's efforts have already led him to integrate some of his activities with SC AHEC through the recruitment of pharmacists to rural areas though the SCRIPT program. He also recruits and trains preceptors that are assisted by SC AHEC through access to resources and the housing of students in rural areas.

"Housing is a big need and a funding issue that is not easy to overcome", states Dr. McKelvey. "We want to maximize the number of students getting SC AHEC housing and take advantage of every opportunity to place a pharmacy student. I want to do it!"

UPCOMING SC AHEC EVENTS

September 10, 2004

Be Prepared for the Unthinkable: What Every Nurse Needs to Know about Bioterrorism - Holiday Inn Patriot's Point, 250 Johnnie Dodds Blvd., Mt. Pleasant, SC.

Sponsored By: Medical University of South Carolina School of Nursing & South Carolina AHEC through a grant by the Health Resources and Service Administration.

For more information: Call (843) 792-4431.

October 12, 2004

Advanced Heart Failure: A Workshop on Clinical Guidelines and Approaches to Communication (Physicians) - The Garden Room, 1190 Orangeburg Mall, Orangeburg.

Sponsored by: Lowcountry AHEC, The Regional Medical Center, and the EXCEED Project at the Medical University of South Carolina.

Target audience: Cardiology and Primary Care Physicians who work with end-of-life issues.

For more information: Contact Regional Choices at (803) 395-4631 or (800) 476-3377 ext. 4631.

October 13 & October 14, 2004 (Choose One Date)

Advanced Heart Failure: A Workshop on Clinical Guidelines and Healing Words (Nurses) - The Regional Medical Center, 3000 Saint Matthews Road, Orangeburg, SC

Sponsored by: MUSC Project EXCEED, The Regional Medical Center, and Lowcountry AHEC.

Target audience: Nurses, Social Workers, Counselors and Therapists, and Health Professionals who work with end-of-life issues.

For more information: Contact Lowcountry AHEC at (803) 943-5052 or fennellm@lcahec.com.

October 21-22, 2004

24th Annual School Nurse Conference: Healthy Children Learn Better - Embassy Suites Convention Center, 5505 International Blvd., North Charleston, SC.

Sponsored By: Lowcountry AHEC, South Carolina Department of Education, and the SC Department of Health and Environmental Control.

For more information: Call (803) 943-5052 for more information.



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CALL FOR ARTICLES

The editorial staff of “SC AHEC Connects” welcomes the submission of articles, success stories, upcoming events and news for the Winter Edition.

Please forward information, articles and photos to
Ragan DuBose at duboser@musc.edu.

THE DEADLINE FOR SUBMISSIONS IS
NOVEMBER 1, 2004!

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